

* Curative offers programs to empower members to be their best self.



***\$0 wellness and condition management.** Our diverse range of programs are designed to address specific health conditions and support individual health goals.



Mental Health

a wellness program designed to connect you to readily available mental health resources that address your individual needs.



Type 2 diabetes

one-on-one support, and regular check-ins for effectively managing Type 2 diabetes.



Noom

a psychology-based program to encourage healthy lifestyle habits.



Galleri (50+)

a first-of-its-kind — a test that looks for a signal shared by more than 50 types of cancer with a single blood test.



Pelago

personalized treatment program to help overcome tobacco, alcohol, opioid, and cannabis use.



H-E-B

nutrition plans crafted by H-E-B certified nutritionists to cater to your dietary requirements. (Texas only)