



# Virtual Urgent Care and Therapy for \$0 with **Teladoc**

Access on-demand virtual urgent care and therapy from the comfort of home with **Teladoc**. Say goodbye to long wait times.



## 24/7 Virtual Care

Access doctors anytime, anywhere, through phone or video.



## Expert Medical Guidance

Receive accurate diagnoses and treatment options from healthcare professionals, not the internet.



## Virtual Mental Health Support

Connect with licensed psychologists, psychiatrists, and therapists to address your mental health and emotional well-being.



## Prescriptions and Lab Tests

Get the medications and tests you need without leaving your home.



## \$0 Copay

Enjoy virtual urgent care and therapy visits without out-of-pocket expenses.



## Get treated for conditions and symptoms including:

- Flu
- Cold
- Sore throat
- Bronchitis
- Cough
- Pink eye
- Arthritis
- Back ache
- Rash
- Allergies
- Sinus problems
- Skin conditions



## Access remote mental health support to help with:

- Anxiety, stress, feeling overwhelmed
- Negative thought patterns
- Depression
- Not feeling like yourself
- Not wanting to get out of bed
- Relationship conflicts
- Marriage and relationship issues
- Trauma and PTSD
- Mood swings
- Medication management (Psychiatry only)



To sign up, visit [teladoc.com](https://teladoc.com), and select **register now**. (No code needed)

**Questions on Teladoc? Contact 1-800-835-2362**

*\*Teladoc is available to Curative members residing outside of Texas. Members in Texas can access virtual urgent care through NormanMD.*